

**WEEK
1**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



OPTION 1

Chicken Gyro
Pitta

Chicken
Nuggets 

Roast Chicken,
Stuffing & Gravy

Ocean Friendly
Fish Selection

Wholemeal
Cheese & Tomato
Pizza (v)

OPTION 2

Authentic
Pitta Pizza (v)

Cheese &
Bean Wrap (v)

Cheesy Cauliflower
& Tender Broccoli
Bake & Gravy (v)

BBQ Plant
Based Meatball
Sub (ve)

Tandoori
Chicken Wrap

**SANDWICH BAP
WITH CRISPS
& SALAD**

Available Daily: Cheese, Egg Mayo, Chicken, Tuna Mayo or Ham

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with a choice of fillings

CARBS

Mexican Rice

Herby Diced
Potatoes

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Mini Doughnut

Chocolate
Brownie 

Muffin
Selection

Vanilla Iced
Sponge

Fruity Jelly

**SAMMY'S
HEALTHY
SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.

Bob Snail fruit rolls & strips, fresh fruit salads & yoghurt available daily.



Harry Ramsden's
WORLD FAMOUS FISH & CHIPS

SHIRE | FRESH |
services | dining

 = Hidden Veg

**WEEK
2**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



OPTION 1

Oven Baked
Sausage & Gravy

Mediterranean
Chicken Wrap

Roast Beef,
Yorkshire
Pudding & Gravy

Ocean Friendly
Fish Selection

Wholemeal
Cheese & Tomato
Pizza (v)

OPTION 2

Vegetarian
Sausage Sizzler (v)
& Gravy

Classic Favourite
Sausage Roll (Ve)

Roasted
Vegetable
Parcel (v)

Crispy Quorn
Dippers (v)

Tomato Pasta
Bake (v)

**SANDWICH BAR
WITH CRISPS
& SALAD**

Available Daily: Cheese, Egg Mayo, Chicken, Tuna Mayo or Ham

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with a choice of fillings

CARBS

Mashed
Potatoes

Herby Diced
Potatoes or Rice

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Waffles

Peach Crumble
& Custard

Muffin
Selection

Chocolate
Brownie

Fruit Sorbet

**SAMMY'S
HEALTHY
SNACKS**

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**WEEK
3**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



OPTION 1

Beef
Bolognese 

BBQ Chicken
Wrap

Chicken Meatballs,
Mash & Gravy 

Ocean Friendly
Fish Selection

Wholemeal
Cheese & Tomato
Pizza (v)

OPTION 2

Country Garden
Vegetable
Bake (v)

Oven Baked
Mac 'n' Cheddar
Cheese (v)

Golden Cheddar
Cheese &
Potato Pie (v)

Tomato Pasta
Bake  (v)

Spanish Style
Quorn Paella (v)

**SANDWICH BAR
WITH CRISPS
& SALAD**

Available Daily: Cheese, Egg Mayo, Chicken, Tuna Mayo or Ham

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with a choice of fillings

CARBS

Herby Diced
Potatoes or
Wholewheat Pasta

Rice

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Marble Sponge &
Choc Sauce

Chocolate
Crowns

Ice Cream

Cookie
Selection

Fruity Jelly

**SAMMY'S
HEALTHY
SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

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